

Places to Eat in the Oceanside Area

The restaurants have been divided into the following geographical areas (Coombs, Nanoose Bay, Parksville, Qualicum and Qualicum Bay/Bowser). Many of the restaurants require a reservation. Please call ahead to book a reservation and ensure they are open.

Parksville

1. Amrikko's Indian Grill – Price Range \$\$\$
487 Island Hwy E
Parksville, BC
Phone: 250-951-0682
Website: <http://amrikkos.ca/>
Eat in or take out. Indian food.
2. Bayside Restaurant and Lounge – Price Range \$\$\$
240 Dogwood Street – at the Bayside Oceanfront Resort
Parksville, BC
Phone: 250-905-0101
Website: <https://www.baysideresortparksville.com/>
Bayside Restaurant and Lounge is one of Parksville's premier dining experiences, showcasing the best of local ingredients, sophisticated flavours and graceful service. Reservations are recommended. Gluten free and vegan options.
3. Black Goose Inn – Price Range \$\$\$
1051 Resort Drive
Parksville, BC
Phone: 250-586-1001
Website: <https://blackgooseinn.com/>
English pub atmosphere with oceanfront views, fireplaces, cold beer, and live music at times. Their big grass patio is also a fantastic place to soak up the sunshine in the warmer months! The Black Goose Inn is also known to have delicious caesars, fish and chips, burgers, and Steak & Stilton pies.
4. Cedars Restaurant and Lounge at Tigh-Na-Mara – Price Range \$\$\$
1155d Resort Drive
Parksville, BC
Phone: 250-248-2333
Website: <https://tigh-na-mara.com/>
Local, regional and international dishes. In house dining and take out. They also have pizza. Make a reservation before going.

5. Kalvas the Log House
180 Moilliet Street
Parksville, BC
Phone: 250-248-6933
Website: <https://www.kalvastheloghouse.com/>
Seafood and Steaks. Reservations.
6. Lefty's Fresh Food Restaurant – Price Range \$\$\$
#101-280 East Island Highway
Phone 250-954-3886
Website: <https://www.leftysfreshfood.com/>
Located next to Thrifty Foods. Eat in. Vegan options. They also have take out pizza.
7. Masala Hut – Price Range \$\$\$
144 Morison Avenue
Parksville, BC
Phone: 250-954-3777
Website: <https://www.parkvillemasalahut.com/>
Indian cuisine with a twist. Offers gluten and lactose free items.
8. Mekong River Restaurant – Price Range \$\$
625 Island Highway E
Parksville, BC
Phone: 250-586-8000
Website: <https://www.mekongriverparksville.com/>
Vietnamese food. Dine in or take out.
9. Mount Arrowsmith Brewing – Price Range \$\$
109-425 Stanford Ave East
Parksville, BC
Phone: 250-951-0125
Website: <https://arrowsmithbrewing.com/>
Pizza and Craft Beer Brewery
10. Papa's Burgers – Price Range \$\$
487 Island Hwy E
Parksville, British Columbia
Phone: [250-586-3743](tel:250-586-3743)
Website: <https://papasburgers.ca/>
Delicious burgers. Take out or you can eat at the casual picnic tables located out front.
11. Realm Food Co – Price Range \$\$
180 Craig Street, 2
Parksville, BC

Phone: 250-1586-1168

Website: <https://realmfoodco.com/>

Delicious, healthy food that is locally sourced. Vegan to Paleo

12. Rod and Gun Pub – Price Range \$\$

163 Alberni Highway

Parksville, BC

Phone: 250-248-6511

Website: <https://rodandgunparksville.com/>

You can either dine in the restaurant attached to the pub or go to the pub to eat.

13. Saigon Garden – Price Range \$\$

118 Craig Street

Parksville, BC

Phone: 250-248-5667

Website: none

Vietnamese. Lunch Only

14. Salt Pizza – Price Range \$\$

201-897 Island Hwy W

Parksville, British Columbia

Phone: [250-586-2121](tel:250-586-2121)

Website: <https://www.saltpizzeria.ca/>

Take out. Vegan options.

15. Sam's Sushi – Price Range \$\$\$

890 Wembley Road

Parksville, BC

Phone: 250-954-2373

Website: <https://samssushi.ca/?i=2>

Sushi. Take out or dine in.

Qualicum

1. Bistro 694 – Price Range \$\$\$

694 Memorial Avenue

Qualicum Beach

Phone: 250-752-0301

Website: <http://www.bistro694.com/>

Casual fine dining with an urban flair. Not open daily. Need reservations.

2. Blackbird Schnitzel Haus – Price Range \$\$\$

3298 Island Highway West

Qualicum Beach, BC
Phone: 250-752-8500

Website: <https://www.blackbirdschnitzelhaus.ca/>

Fully-licensed restaurant. Eat in or take out. Specializes in German cuisine. 24 varieties of schnitzel toppings. They offer a Gluten-free menu.

3. De L'ile Restaurant – Price Range \$\$\$\$

129 W 2nd Ave

Qualicum Beach

Phone: 778-953-5034

Website: <https://www.delilerestaurant.ca/>

De L'ile is a reflection of its surroundings, focusing on ingredients that are farmed and foraged from around Vancouver Island

4. Fern and Cedar Brewing Company – Price Range \$\$\$

101-680 Berwick Road South

Qualicum Beach, BC

Phone: 250-594-0052

Website: <https://fernandcedar.ca/>

West-Coast Gastropub food menu will compliment an ever-rotating selection of quality craft beer.

5. Final Approach Restaurant – Price Range \$\$\$

1000 Ravensbourne Lane, 3

Qualicum Beach, BC

Phone: 250-752-8966

Website: <http://finalapproachrestaurant.ca/>

Casual dining with good food.

6. French Press Coffee Roasters – Price Range \$\$

692 Primrose Street

Qualicum Beach, BC

Phone: 250-594-4477

Website: <https://www.fpcoffeeroasters.com/>

Coffee shop with lunch and dessert items. They now have a restaurant in Parksville. It is located 425 Stanford Avenue E, Unit 102, Parksville

7. Giovanni's Ristorante and Lounge – Price Range \$\$\$\$

180 2nd Avenue

Qualicum, BC

Phone: 250-752-6693

Website: <https://www.giovanisqb.com/>

Eat in or take out. Casual or Fine Dining

8. Q Burger – Price Range \$\$\$
109 2nd Avenue West
Qualicum Beach, British Columbia V9K 1S7
Phone: [250-898-3450](tel:250-898-3450)
Website: <https://www.qburger.ca/>
Offering dine in and take out Wednesday to Saturday from 12pm to 7pm, with takeout orders to 6:30pm. Vegan, gluten free & kids menu are available.

9. Qualicum Beach Café - Price Range \$\$\$
2690 Island Highway West
Qualicum Beach, BC
Phone: 250-752-8146
Website: <https://www.qualicumbeachcafe.com/>
Fresh, local ingredients with a view. Reservations are recommended.

10. Sushi Hama – Price Range \$\$\$
221 W 2nd Avenue
Qualicum, BC
Phone: 250-594-9961
Website: <https://sites.google.com/view/SUSHIHAMAQUALICUM/home>
Sushi Fusion

11. The Shady Rest Restaurant – Price Range \$\$\$
3109 Island Hwy W
Qualicum Beach, BC
Phone: 250-752-9111
Website: www.shadyrest.ca
Pub and restaurant. Great views of the ocean. Appetizers to full meals.

Coombs

1. Cuckoo's Trattoria and Pizzeria \$\$\$\$
2310 Alberni Hwy
Coombs, British Columbia
Phone: 250-248-6280
Website: <https://cuckooincoombs.com/>
Combining west coast ingredients with Italian recipes. Eat in or take out. Vegan options.

2. Trees Restaurant \$\$\$
385 Alberni Hwy
Parksville, BC
250-586-2226
Website: <https://www.treesrestaurantandbakery.com/>

Trees serves breakfast, lunch and dinner. They have a bakery on site with fresh baked desserts, savories and bread. They have an array of gluten free options!

Nanoose Bay

1. Rocking Horse Pub – Price Range \$\$\$
2038 Rocking Horse Place
Nanoose Bay, British Columbia
Phone: 250-468-1735
Website: <https://rockinghorsepub.ca/>
English Style Pub.
2. Rusted Rake Brewing – Price Range \$\$\$
3106 NW Bay Road
Nanoose Bay, British Columbia
Phone: 250-821-1934
Website: <https://rustedrakebrewing.ca/>
Lunch and Dinner west coast fare with local ingredients – vegetarian and vegan options
PLUS Craft Beer brewed from barley grown on site

Qualicum Bay

1. Sandbar Café – Price Range - \$\$-\$\$\$
6087 Island Highway W
Qualicum Bay
Phone: 778-424-9892
Website: None
Breakfast, lunch and dinner. Some views of the ocean.
2. Ship and Shore – Price Range - \$\$\$
180 Crome Point Road
Bowser, BC
Phone: 250-757-8399
Website: <https://shipshoredeepbay.com/>
Dine in or take out. Great views of the marina and Deep Bay. West coast fare. Vegetarian and vegan options.
3. Tidal Tacos – Price Range - \$\$
6001 Island Highway W
Qualicum Bay, BC
Phone: None
Website: None – Facebook only - <https://www.facebook.com/tidaltacoshack/>
Take out or eat on the beach. Delicious tacos and burritos.